# Soup, Sip, and a Mess

FESTIVE RECIPES FROM MARCIA SELDEN CATERING

### RASPBERRY ETON MESS

#### **INGREDIENTS**

- 5 pint containers fresh raspberries
- 1 cup plus 1/4 cup sugar
- 2 tablespoons fresh squeezed lemon juice
- 11/2 tablespoons raspberry liqueur
- 21/2 cups heavy cream
- 2 teaspoons vanilla extract
- 16 2" meringue cookies, broken in pieces (We make our meringues from scratch. Purchasing them will simplify this recipe.)

#### **DIRECTIONS**

- 1. In a pot, place 1 cup of sugar, 3 pints of raspberries and lemon juice. Bring the mixture to a boil, stirring occasionally. Add the raspberry liqueur. Lower the heat to simmer for another 5 minutes. With a spoon crush the berries. You are looking for the mixture to appear syrupy.
- 2. Remove from heat, add one more container of fresh raspberries to the sauce and set aside to cool. Cover and chill in the refrigerator for at least 4 hours as this needs to be cold before assembling the dessert.
- 3. Beat the heavy cream with 1/4 cup of sugar, and vanilla together until it forms firm peaks.
- 4. In decorative bowls or glasses, layer the whipped cream, the raspberry mixture, a few fresh raspberries and then a few meringue pieces. Repeat once or twice, depending on the size of the bowls or glasses, until they are 3/4 of the way full. Top with a few fresh raspberries and a spoonful of whipped cream. Serve immediately or chill, until ready to serve.
- 5. We like to embellish ours and add dark chocolate chips and toasted almonds or pistachios to add some crunch.





## MSC POINSETTIA COCKTAIL

#### **INGREDIENTS**

- 2 oz. cranberry vodka
- 1 oz. fresh lemon juice
- 1 oz. ginger simple syrup
- Splash pomegranate juice

#### DIRECTIONS

- 1. Pour all ingredients over ice into a martini shaker.
- 2. Shake it up to blend and chill. Garnish with fresh cranberries.
- 3. Also delicious to rim the glass with sugar to add a festive touch.
- 4. Pour into glass and enjoy!

## BUTTERNUT SQUASH AND APPLE SOUP



#### **INGREDIENTS**

- 2 tablespoons butter
- 1 large onion, chopped
- 1/2 teaspoon ground nutmeg
- 41/4 pounds butternut squash, peeled, seeded, and cut into 1 inch cubes
- 41/4 cups chicken (or vegetable) broth
- 2 Gala apples, peeled, cored, and diced
- 1/4 cup apple juice
- 1/4 cup maple syrup
- Salt and pepper to taste

#### DIRECTIONS

- 1. Melt butter in large pot over medium-high heat. Add onions, apples, and nutmeg; sauté until onions and apples begin to brown, about 5 minutes. Add squash, chicken broth, and apple juice. Bring to boil; reduce heat and simmer uncovered until the squash is tender, about 30 minutes.
- 2. Let cool.
- 3. Working in batches, puree soup in blender until smooth. Return soup to pot. Season to taste with salt and pepper. Bring soup to simmer, thinning with more broth if desired.
- 4. Makes 8 servings.